



“Forever After – The Science of Regeneration & Longevity”

SHORT FILM COMPETITION

1. Objective of this Competition

- To create awareness about Forever After – The Science of Regeneration & Longevity, portraying the views of the participating teams.

2. What are the rules?

- All entrants must be from (Grade 9 and above).

3. Key Rules

- Entry will be free.
- Maximum two entries can be sent by each school.
- Entries should contain the names of the participants, grade and the name of the school.
- There should also be the details of one contact person who can be reached by the organizers.
- Entries may please be mailed to medathlon@amh.org.bh (please fill up page 5 & 6, scan it and send to the mentioned email).
- The last date for receipt of entries is **Monday 10 November 2025**.
- Preliminary short listing will be held on **18 and 19 November 2025** depending on number of participants, Finals would be on **21 November 2025** (timings will be intimated).
- The Organizing Committee reserves the right to accept or reject any application and is not obliged to give any explanations.
- All films must be original creation and will go through an initial screening. There will be a preliminary selection round to shortlist the five finalists.

- The topic of the Short film competition is

“Fast Forward - The Long Tomorrow”

- **FORMAT:** The films may be shot in MPEG4 or AVI format. The recommended ratios are: 16:9 / 16:9 Full Height Anamorphic - in DV/HDV.
- The film may be submitted by providing the committee a link on a free file hosting service e.g. Drop box or Google drive
- Theme and/or visuals of the films should not be against the Laws of the Kingdom of Bahrain or against the Bahraini society. Such films will be withdrawn without any prior notice.
- The length of the film must not exceed 3 minutes (including the titles).
- The script should be an original work of the school filmed in Bahrain.
- Films already broadcast via YouTube, any other internet forums or social media will not be entertained.
- Films not in English must have English sub-titles.
- Incomplete films, with production or post-production works pending, will not be accepted. (Organizing committee will use the films submitted along with the application for initial screening)
- Organizing committee retains the right to change, modify or freeze the date of the film contest and screening.
- Decision of the judges will be final regarding the films shown in the Competition section.
- Entries must adhere to the THEME regarding appropriateness of content. Entries that are in violation of local laws or otherwise deemed by the organizers in its sole discretion, to be inappropriate will be disqualified.
- Entries determined to infringe on any intellectual property rights or other rights, will also be disqualified at the sole discretion of the organizers.

- The entry may not include confidential information, trade secrets, trademarks or copyrighted material belonging to any person or entity other than the Participant.
- Participants are responsible for securing necessary permissions, talent and location releases, and licenses for visual and audio material contained in the submissions.
- Participants may only use original music/images/graphics created for the film, music/images/graphics that are in the public domain, or music/images/graphics that the filmmaker has appropriate permissions to. Usage of Royalty free music and audio tracks are recommended.
- Organizer is not responsible for any expenses incurred in the production and delivery of the film entries.
- Any entry that does not comply with the above restrictions or any other requirement herein is subject to disqualification.
- Participating in the Short Film competition constitutes Participant/s full and unconditional agreement to and acceptance of these Official Rules.
- Any disputes arising from or relating to the contest or the selection of winning submissions will be resolved at the sole discretion of the Organizing Committee. A short synopsis of your film must be included.

4. Judging criteria

Films will be judged on the following criteria:

- Content or Contemporary relevance
- Originality
- Technical Excellence
- Overall Quality

5. Short Film competition and prizes T&Cs:

- Contestants shall strictly adhere to the relevant rules and regulations laid down by AMH organizing committee.
- The Organizing committee reserves the right to cancel the event or alter the programme schedule without assigning any reasons.

- The organizing committee also reserves the right to amend this document if deemed necessary. All such amendments will be communicated to the participants in advance.
- Strict disciplinary action will be taken against a contestants or parent who violates the rules, regulations and indulges in any form of communication / queries/ arguments with regard to the results.
- The decision of the judges will be final and no further discussions or complaints will be entertained.
- The winners will receive certificate of merit and trophies.
- All entries must be registered through school coordinators.
- Winner's name, age and school name will be announced on social media and on our website.
- Entry into the competition will be deemed as acceptance of these terms and conditions.

6. Ownership & license of submission

- All films will be the property of AMH(MED-ATHLON Competition 2025), will be used for creating or spreading awareness in the Community.

ANY FURTHER DETAILS PLEASE DO NOT HESITATE TO CONTACT US
Dr.Krishna: +973 39585511 | Dr.Babu Ramachandran: +973 39430708

SHORT FILM COMPETITION 2025 Topic - “Fast Forward - The Long Tomorrow”

DETAILS OF THE SHORT FILM

Title of the Film			
Language of the Film		Year of Production	
Running Time(Minutes)		Subtitles	Yes ☐ No ☐
Name of Director			
CPR No.			
Tel / Mobile		Email	
Name of Producer			
CPR No.			
Tel / Mobile		Email	
Script Writer's Name			
CPR No.			
Synopsis of the Film (not more than 300 words):			

MED-ATHLON - SHORT FILM COMPETITION 2025
UNDERTAKING FOR SHORT FILM COMPETITION 2025

I, School coordinator.....

Name and Address of the School

.....

.....

.....

Contact No.....

Here by give permission to the AMH MED-ATHLON 2025 SHORT FILM COMPETITION ORGANIZING COMMITTEE to screen this film in public (either in competition or out of competition) as well as use short clips and stills of this film for promotion and publicity purposes.

I, (on behalf of the short film executives and actors) hereby undertake to follow all the guidelines stipulated and ensure compliance to local laws.

Name:.....

Signature:

Date:.....

Place:.....



“Forever After – The Science of Regeneration & Longevity”

Inter School Speech Competition

1. Objective of this Competition

- To raise awareness about Changing HealthCare Scenario.

2. What are the rules?

- All participants must be from Grade 9 and above.

3. Key Rules

- Entry will be free.
- Maximum **two(2)** participants can be sent by each school.
- Entries should contain the names of the participants, Grade and the name of the school.
- There should also be the details of one contact person who can be reached by the organizers.
- Entries may please be mailed to medathlon@amh.org.bh
- The last date for receipt of entries is **Monday 10 November 2025**
- Preliminary rounds will be held on **18 and 19 November 2025** depending on number of participants.
- Finals will be on **21 November 2025** (timings will be intimated)
- The Organizing Committee reserves the right to accept or reject any application and is not obliged to give any explanations.
- There will be a preliminary selection round to short list the eight finalists
- The topic of the Speech competition for the preliminary is
“Regeneration in Medicine: Hope for patients, Challenge for science”
- The topic of the Speech competition for the final is
“The Ship of Theseus – From Cells to Centuries”

- The competition will be held in-person
- Participants who speak less than 4 minutes and more than 5 minutes 30 seconds will be disqualified.

4. Judging criteria

Speeches will be judged on the following criteria:

(Maximum marks– 100 which is distributed as below)

- **Content:** 30 marks (Speech Development, Organization, Support material, Effectiveness and value)
- **Delivery:** 20 marks (Appearance, Body Language, Voice Modulation, Achievement of purpose, Enthusiasm)
- **Language:** 20 marks (Correctness, Grammar, Pronunciation, Word Selection)
- **Value:** 20 marks (Idea, Logic, Original thought)
- **Overall Impression:** 10 marks

5. Speech competition and prizes T&Cs

- Contestants shall strictly adhere to the relevant rules and regulations laid down by AMH organizing committee.
- The Organizing committee reserves the right to cancel the event or alter the programme schedule without assigning any reasons.
- The organizing committee also reserves the right to amend this document if deemed necessary. All such amendments will be communicated to the participants in advance.
- Strict disciplinary action will be taken against a contestants or parent who violates the rules, regulations and indulges in any form of communication/queries/arguments with regard to the results.
- The decision of the judges will be final and no further discussions or complaints will be entertained.
- The winners will receive certificate of merit and trophies.
- All entries must be registered through school coordinators.
- Winner's name, age and school name will be announced on social media and on our website.
- Entry into the competition will be deemed as acceptance of these terms and conditions.



“Forever After – The Science of Regeneration & Longevity”

Inter School Quiz Competition

1. Objective of this Competition

- To raise awareness about the Changing HealthCare Scenario in relation to the science of Regeneration & Longevity.

2. What are the rules?

- All entrants must be from Grade 9 and above.

3. Key Rules

- The Quiz Competition is open to all schools in the Kingdom of Bahrain.
- Entry will be free for all participants.
- Entries should contain the names of the participants, grade and the name of the school. There should also be the details of one contact person who can be reached by the organizers.
- Entries may please be mailed to medathlon@amh.org.bh
- The last date for receipt of entries is **Monday 10 November 2025**.
- The organizing committee reserves the right to accept or reject any application and is not obliged to give any explanations.
- Each school can enter a maximum of two teams of three members each.
- We encourage you to run the competition within school and to select the top two teams to represent your school.
- If the total number of registered entries exceeds 6 there will be a preliminary round
- The preliminary round will be held on **18 and 19 November 2025**.

- The top 6 teams from the preliminary round will move into the finals. However if two teams from any school fall in the top six, only the team with higher score will go through to the finals.
- The teams which are selected for the finals will be represented by the same team members who participated in the preliminary round. No substitution will be permitted.
- For the finals, there will be straight questions, audiovisual rounds, buzzer rounds and rapid fire rounds.
- The Quiz finale will be held on **21 November 2025** (timings will be intimated in advance).
- The Quiz will be based on General Health, Biology and Health Care.
- The communication language will be English.
- The decision of the Quiz Master will be final and binding. No further discussions will be entertained.
- All participants will receive certificate of participation.
- The winners will receive certificate of merit and trophies.

4. General Directives

- Contestants shall strictly adhere to the relevant rules and regulations laid down by the Organizing Committee.
- The organizing committee reserves the right to cancel the event or alter the programme schedule without assigning any reasons.
- The organizing committee also reserves the right to amend this document if deemed necessary. All such amendments will be communicated to the participant well in advance.
- Strict disciplinary action will be taken against any contestant or parent who violates the rules, regulations and indulges in any form for communication/queries/arguments with regard to results/quiz masters/scoring etc.
- Winner's name, age and school name will be announced on social media and on our website.
- Entry into the competition will be deemed as acceptance of these terms and conditions.



“Forever After - The Science of Regeneration & Longevity”

Inter School MED-ZAP Competition

1. Objective of this Competition

- To build team work, test creative minds, and to come up with a strategy to raise awareness in the community about healthy living

2. What are the rules?

- All entrants from the respective representing schools

3. Key Rules

- The Med-Zap Competition is open to all schools in the Kingdom of Bahrain.
- Entry will be free for all participants.
- Entries should contain the names of the participants, grade and the name of the school. There should also be the details of one contact person who can be reached by the organizers.
- Entries may please be mailed to medathlon@amh.org.bh
- The last date for receipt of entries is **Monday 10 November 2025**.
- The organizing committee reserves the right to accept or reject any application and is not obliged to give any explanations.
- Each school can enter a maximum of one team
- A team can have a maximum of 5 and minimum of 3 participants, the participant could be students, teachers and non teaching staff, we would encourage the team composition to be participants from all the three categories.

- The team should be making a promotion for the concept. It has to be performed on stage.
- Properties like charts and sketches must be brought on their own
- Vulgarism and malpractices are not allowed
- Mime is not allowed
- 3minutes promotional campaign followed by 3minutes Q & A will be there.
- Preliminaries would be held on **18 and 19 November 2025**.
- The finale will be held on **21 November 2025** (timings will be intimated in advance)
- The communication language will be English.
- The decision of the judges will be final and binding. No further discussions will be entertained.
- All participants will receive certificate of participation.
- The winners will receive certificate of merit and trophies.

4. General Directives

- Contestants shall strictly adhere to the relevant rules and regulations laid down by the Organizing Committee.
- The organizing committee reserves the right to cancel the event or alter the programme schedule without assigning any reasons.
- The organizing committee also reserves the right to amend this document if deemed necessary. All such amendments will be communicated to the participant well in advance.
- Strict disciplinary action will be taken against any contestant or parent who violates the rules, regulations and indulges in any form for communication/queries/arguments with regard to results/quiz masters/scoring etc.
- Winner's name, age and school name will be announced on social media and on our website.
- Entry into the competition will be deemed as acceptance of these terms and conditions.

5. Topics for MedZap

1. **Healing Begins in the Kitchen**
2. **The Diet Trap: A generation at risk"**
3. **A battle against cyber cheats**
4. **From Reels to Reality**
5. **My 200th Birthday - A glimpse into the future**



“Forever After - The Science of Regeneration & Longevity”

Inter School Debate Competition (For Teachers only)

1. Objective of this Competition

- To hear from the teachers about their views.

2. What are the rules?

- All entrants must be teachers of the representing schools.

3. Key Rules

- Entry will be free.
- The Inter school debate being organized in connection with MED-ATHLON 2025 is for the teachers only.
- Each School can send a team of three teachers
- Entries should contain the names of the participants and the name of the school.
- There should also be the details of one contact person who can be reached by the organizers.
- Entries may please be mailed to medathlon@amh.org.bh
- The last date for receipt of entries is **Monday 10 November 2025**.

- Topics for the preliminary rounds and the finals will be different. There will be a preliminary selection round to shortlist the two finalists
- Preliminary rounds will be held on **18 and 19 November 2025** depending on number of participants (timings will be intimated).
- Finals will be on **21 November 2025** (timings will be intimated)
- The Organizing Committee reserves the right to accept or reject any application and is not obliged to give any explanations.
- The topics will be given to the teams well in advance. However which team speaks “For the Motion” and which team will speak “Against the Motion.” will be decided just prior to the competition and by draw of lots.
- Each member of the team will be given three minutes to speak.
- After all team members have spoken, the Team leaders peaking against the motion will give his/her concluding remarks followed by the Team leader speaking for the motion (3 minutes)

4. Judging criteria

Debates will be judged on the following criteria:

- Marks will be given to the team member’s ability to challenge the point put forth by the previous speaker and to bring in a new point.

- The team which challenges and brings in points to support their stance with conviction will be declared the best team.
- Content, Style of delivery, voice modulation will also be counted in deciding the best team.

5. Debate competition and prizes T&Cs

- Contestants shall strictly adhere to the relevant rules and regulations laid down by AMH organizing committee.
- The Organizing committee reserves the right to cancel the event or alter the programme schedule without assigning any reasons.
- The organizing committee also reserves the right to amend this document if deemed necessary. All such amendments will be communicated to the participants in advance.
- Strict disciplinary action will be taken against any contestant who violates the rules, regulations and indulges in any form of communication / queries/ arguments with regard to the results.
- The decision of the judges will be final and no further discussions or complaints will be entertained.
- The winning team will receive certificate of merit and trophies.
- All entries must be registered through school coordinators.
- Winner's names and school name will be announced on social media and on our website.

- Entry into the competition will be deemed as acceptance of these terms and conditions.

TOPICS FOR THE PRELIMINARY DEBATES (any one of the following – will be intimated in advance)

1. It is proposed that our world is not ready for a human society that lives much longer.
2. It is proposed that A World Without Aging will create Overcrowding and inequality.
3. It is proposed that prolonging life through the Science of Regeneration will make life meaningless.
4. It is proposed that living longer will not always mean living happier.
5. It is proposed that extending lifespan will diminish the meaning of human relationships.

TOPIC FOR THE FINALS OF THE DEBATE

It is proposed that an ageless society would create a complacent and stagnant society

ANY FURTHER DETAILS PLEASE DO NOT HESITATE TO CONTACT US
Dr. Krishna: +973 39585511 | Dr. Babu Ramachandran: +973 39430708